



Disaster Action teams responds to multiple fires in December



It is inevitable as the temperatures drop that the number of house fires increase. However, this December seemed to be hit extra hard

with fires throughout Chelan, Douglas and Grant Counties. DAT (Disaster Action team) volunteers responded to a house fire every day for the first two weeks in December. Volunteers responded to fires in Cashmere, Wenatchee, Ephrata, Soap Lake and George. Unfortunately all of the house fires were total losses.

Thankfully the community and other social service agencies helped out as well, donating toys for Christmas to the various families, extra clothes, house hold items, food and gift cards. The employees of Cashmere Valley Bank held a food drive for one of the families while the employees of Mission Vista purchased and wrapped new Christmas presents for another family. Local agencies, including CASA, the Philadelphia house, and the 7th Day Adventist Community Cupboard provided extra clothing and household items to the families as they begun their recovery process.

In the event of a home fire Red Cross volunteers will always be there to provide Red Cross emergency

assistance (which includes food clothing and shelter) but it is the recovery process that takes a whole community's worth of help. Thank you to everyone: Red Cross volunteers and community members who supported our local families.

Red Cross volunteers will continue to work with these families during the upcoming months, guiding their recovery process.



Photos are courtesy of the Wenatchee

HOLIDAY MAIL FOR HEROES



This year the Apple Valley Chapter of the Red Cross took part in the Holiday Cards for Heroes program. This was the first time that the Apple Valley Chapter participated in this national program and it was wonderful being a part of the holidays for our local service members. 2,000 holiday cards were sent out as far away as camp Taji, Iraq. Thank you to every community member who took the time to send a Christmas card. Your support made this program possible.



Tracy Baker sports post donor bandage

Chapter Blood Drive

On December 22nd the Red Cross office hosted a blood Drive. Everything was cleared from the training area and the crew from Blood Services had the office looking like a blood donation center in no time. By the end of the day 18 units of whole blood had been collected and thanks to the great

coverage from radio stations and the news paper at least half of the donors were there for their first time. Thank you to everyone who turned out.



Simon Thornock relaxing while giving



Health and Safety Corner

A very sincere "THANK YOU" to all the instructors of the Apple Valley Chapter of the American Red Cross! You do such a wonderful, professional job promoting safety throughout our community, and we feel very fortunate to have your ongoing assistance. Thank you for a great year.

As we look to the new year, one of our goals in 2010 is to have consistent email communication with all instructors on upcoming Red Cross events and instructor updates. Please let us know if you have any instructor pointers or an upcoming event that you would like us to share. Are you interested in teaching more or different courses for the Chapter? What can we do to assist you this year? Let us know!

Again, from all of us at the Apple Valley Chapter, thank you for your dedication. Our community truly benefits from the important education you provide.

Gale Wick - Health and Safety Director
and

Tracy Baker - Interim Health and Safety Director

Upcoming training!

Leadership training available: A state wide leadership training is taking place January 16th and 17th. This training is taking place in the Snohomish County chapter. The Red Cross will cover travel, food and lodging expenses. Volunteers need to have disaster response experience to be eligible for the training.

The purpose of the workshop was to prepare Red Cross paid and volunteer staff to function effectively as leaders on a Multi Chapter or larger relief operation. To do this, the workshop uses an elaborate simulation that allows participants to experience some of the key elements of a disaster relief operation from preparedness capabilities through after-action analysis of the incident.

The two day workshop incorporates a tightly integrated design consisting of a series of presentations and interactive discussions with workbook and small table group activities based on a disaster simulation. This allows participants to apply their learning to real world examples that reflect the work-related challenges experienced by Response personnel.

The workshop consistently demonstrated positive learning outcomes and provides for an enjoyable experience for both participants and instructors.

If you are interested, please let the office know, pre-registration is required.

January instructor class

Interested in being a CPR and First Aid instructor? The chapter is hosting an instructor class on January 4th and 5th. The cost of the class is \$150.00, however if you wish to be a volunteer instructor the fee is waived. Contact the chapter to sign up or to get on the list for the Spring class.

Office closure date

The Red Cross office will be closed on the following dates in January:

New Years Day, January 1st


Martin Luther King Day, January 18th

Grant County Office is Open!

January marks the end of the first month of the Red Cross office in Grant County. Thanks to the generosity of the Grant County Emergency Management we are fully up and running. Office hours are Monday through Friday noon to 5 p.m. (for now.) Please feel free to stop in and see the new spot, visit with Nadie Southwick (who is manning the office) and hopefully get all the things done you once needed to drive to Wenatchee for.

The phone number for the new office is 509-670-5140

JANUARY 2010



	Mon	Tue	Wed	Thu	Fri	Sat
					Carmen Phones 1	2
3	DAT A 4 KINGS ORCHARD BLD. DR. 12:30-5:30 CPR/FA 6-10 REVIEW	5	6	7	Gale Phones 18	9 EN. CPR/ FA 8-4
10	DAT B 11 QUINCY COMM. CTR. BLD DR. 1-6	12 CHELAN/MANSON COMM. BLD DR. 1-6 SP. CPR 6-10	13	14 DAT MEETING 6:30	15 Shirley Phones CHELAN PUD BLD. DR. 11-4	23
17	DAT C 18 MARTIN LUTHER KINGS DAY OFFICE CLOSED	19 WEN. VALLEY COLLEGE BLD DR. 9-3	20 GENERAL BOARD MEETING WEN. VALLEY COLL.BLD. DR. 9-3 EN. CPR 6-10	21	22 David Phone	23
24	DAT D 25 EN. HC CPR 5:30-9:30	26 EN. HIV 6-9	27 SP. CPR 6-10	28 SP. FA 6-10	29 Bonnie Phones SP. HIV 6-9	30 SP. CPR/ FA 8-4

DAT= Disaster Action Team; BLD DR.= Blood Drive; EN CPR= English CPR Class; EN. FA= English First Aid Class; EN HC CPR= English Health Care; SP CPR= Spanish CPR Class; SP FA=Spanish First Aid; SP HIV = Spanish HIV



Five Years After Indian Ocean Tsunami, Millions of Survivors Assisted and Moving On With Their Lives

WASHINGTON, Tuesday, December 15, 2009 — Nearly five years after the Indian Ocean tsunami killed more than 230,000 people and destroyed entire communities, hundreds of thousands of houses have been rebuilt, life has returned to normal and communities are more prepared for future disasters. The more than 9.0 magnitude earthquake and subsequent tsunami, which hit 12 countries from Southeast Asia to East Africa in December 2004, caused more than \$8 billion in damages and affected nearly 5 million people. Even as it responded to the emergency, the American Red Cross was already making plans to meet long-term needs, such as rebuilding houses, providing water and sanitation systems, and reigniting the local economy by getting people back to work.

After consulting with survivors and local leaders about what was needed to help communities rebuild and recover, the American Red Cross decided to focus on six key program areas – water and sanitation, psychosocial support, health, shelter, livelihoods and disaster preparedness. Over the past five years, the American Red Cross and its partners were able to assist 4 million people through more than 80 relief and recovery projects. These efforts included:

- Building or repairing more than 16,200 temporary and permanent houses
- Providing nearly 200,000 people with improved access to clean water
- Giving loans, livelihood resources or job training to more than 91,000 people
- Protecting 111 million people through disease prevention activities, such as vaccinating children against measles
- Helping more than 780,000 people overcome the emotional trauma caused by the tsunami

Involving people at the community-level has been at the heart of American Red Cross recovery efforts in tsunami-affected countries. Men, women and children in more than 580 communities and schools have been trained to know what to do if another disaster occurs. Local volunteer disaster teams have mapped the hazards their communities face, have been trained in emergency first aid and have conducted mock disaster response drills.

The American Red Cross received \$581 million to help the affected communities rebuild and recover. As of November 30, \$517 million of these funds have been spent, with the remainder already programmed to finish existing recovery projects by the end of 2010.

If you would like to sign up for a class please call 509- 663-3907
If you would like to donate Blood please call 1-800-488-5428



Disaster Chair Joe Galeskas: (509) 630-3965
Red Cross Cell Phone: (509) 699-9285

Check out our new class schedule for 2010



For 2010 we have a lot of new classes on the schedule. There are English and Spanish CPR/First Aid classes offered weekly. English and Spanish HIV classes are offered monthly and we have instructors available to come and teach CPR and First place in your workplace for your employees. We are

also beginning to get ready for Lifeguarding and WSI classes for spring. You can call the office now to put your name on the list for the spring classes. They fill up fast. To sign up for a class or arrange an instructor to come to your work place, call the office at 663-3907



Change a life, starting with your own

The Red Cross is a United Way
Partner Agency
Douglas Counties
of Chelan and



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